



the mouse club

Inspiring young minds...

# Early Years Lesson Plan

## Different Types of Fruit and Seeds

## Lesson Notes

### Objective

To be aware of the different types of fruit available and have some understanding that they are grown from different sorts of seeds.

### Resources

Selection of fruit.

Plant pots, compost, scoops, sunflower seeds.

[www.themouseclub.co.uk](http://www.themouseclub.co.uk) web site (games section - puzzle Mr. Hobbit's garden).

### Preparation

Several samples of fruits already cut open so children can see the seeds inside.

### Early Learning Goals

- **Personal, social & emotional development:** Chat with confidence and share ideas in a group.
- **Communication, language & literacy:** Listen to each other, explore and develop vocabulary – texture, colour, shape.

Write name or make mark to identify own plant pot.

- **Mathematical development:** Sort the fruit by colour, shape or size. Make comparisons, which is the biggest, smallest. Guess which fruit will be heaviest, lightest. Sort by texture – smooth, bumpy, hard, soft, rough. Make a simple picture graph of favourite fruits.

Resource: [www.themouseclub.co.uk](http://www.themouseclub.co.uk) (games section - puzzle) opportunities for counting a variety of fruits, discuss colour and shape.

- **Knowledge and understanding of the world:** Name the fruits and discuss where they may have come from. Look at different kinds of seeds. Discuss the texture of the compost. Observe change in the growing seeds over a period of time.
- **Physical development:** Engage in activities requiring hand/eye co-ordination - see activity.
- **Creative development:** Print with a variety of fruits to make a pattern. Make play dough fruit and turn the home corner into a shop for role play. The recipe can be found on [www.themouseclub.co.uk](http://www.themouseclub.co.uk) (activities section).

### Activity

Let each child use a scoop to put some compost in their own pot and plant a sunflower seed. Secure own name or mark to identify pot.

### Links with Home

Child can take plant home and monitor its growth or (with parents help) try growing different seeds.

